


foolish in the world to shame the wise; God chose what is weak in the world to shame the strong; God chose what is low and despised in the world, even things that are not, to bring to nothing things that are, so that no human being might boast in the presence of God. And because of him you are in Christ Jesus, who became to us wisdom from God, righteousness, and sanctification, and redemption; so that, as it is written, 'Let the one who boasts, boast in the Lord.' **The Word of the Lord.**

Gospel Acclamation **Cf. Matthew 4:23**
Alleluia, alleluia. Rejoice and be glad, for your reward is great in heaven. **Alleluia.**


Gospel **Matthew 5:1-12a**
At that time: Seeing the crowds, Jesus went up on the mountain, and when he sat down, his disciples came to him. And he opened his mouth and taught them, saying: 'Blessed are the poor in spirit, for theirs is the kingdom of heaven. Blessed are those who mourn, for they shall be comforted. Blessed are the meek, for they shall inherit the earth. Blessed are those who hunger and thirst for righteousness, for they shall be satisfied. Blessed are the merciful, for they shall receive mercy. Blessed are the pure in heart, for they shall see God. Blessed are the peacemakers, for they shall be called sons of God. Blessed are those who are persecuted for righteousness' sake, for theirs is the kingdom of heaven. Blessed are you when others revile you and persecute you and utter all kinds of evil against you falsely on my account. Rejoice and be glad, for your reward is great in heaven.' **The Gospel of the Lord.**

THE LITURGY OF THE EUCHARIST
Prayer over the Offerings
O Lord, we bring to your altar
these offerings of our service:
be pleased to receive them, we pray,
and transform them
into the Sacrament of our redemption.
Through Christ our Lord. **R. Amen.**

CONCLUDING RITE
Prayer after Communion
Nourished by these redeeming gifts,
we pray, O Lord,
that through this help to eternal salvation
true faith may ever increase.
Through Christ our Lord. **R. Amen.**



'Living and Learning in the Light of Christ'
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Sunday 1 st February 2026 - Fourth Sunday in Ordinary Time			
Saturday	31.01.26		FOURTH SUNDAY IN ORDINARY TIME
Haverfordwest		5.15-5.45pm 6.00pm	Confession Vigil Mass – Raymond Allen (RIP)
Sunday	01.02.26		FOURTH SUNDAY IN ORDINARY TIME
Haverfordwest		9.00-9.45am 10.00am	Confession Holy Mass – George Chullickal (RIP)
Narberth		12.00pm	Holy Mass – People of the Parish & the Sick
Monday	02.02.26		THE PRESENTATION OF THE LORD - Feast
Haverfordwest		9.30am 12.00pm	Holy Mass – Fr. Sean Clancy (RIP) Requiem Mass & Cremation of David Heighway
Tuesday	03.02.26		NO HOLY MASS - MY DAY OFF
Wednesday	04.02.26	9.30am	Holy Mass - <i>No Given Intention</i>
Haverfordwest			
Narberth		4.00pm 4.30pm	Adoration & Confession Holy Mass – Ron & Mary Cana (RIP)
Thursday	05.02.26	10.00am	Requiem Mass & Cremation of Rosemary Paget
Haverfordwest			
Friday	06.02.26		St. Paul Miki & Companions, Martyrs-Memorial
Haverfordwest		9.00am 10.00am 1.30pm	Adoration & Confession Holy Mass – All the sick & who care for them Requiem Mass & Cremation of Maureen Rees
Saturday	07.02.26	10.00am 10.30am-11.00am	Holy Mass – Personal Intention Adoration & Confession
Haverfordwest			FIFTH SUNDAY IN ORDINARY TIME
		5.15-5.45pm 6.00pm	Confession Vigil Mass – Steve Watkins (RIP)
Sunday	08.02.26		FIFTH SUNDAY IN ORDINARY TIME
Haverfordwest		9.00-9.45am 10.00am	Confession Holy Mass – Christine Wren (RIP)
Narberth		12.00pm	Holy Mass – People of the Parish & the Sick

REMEMBERING OUR DEAD... IN FEBRUARY
Pietro Malvisi (2012), James Anthony Doyle (2013), Anthony Boswell (2013), Margarita John (2015), Victor Field (2015) Azalia Mapp (2016), Thomas Stuart Reynolds (2016), Veronica Alberta Purnell (2017), Michael Kennedy (2017), Carmel Elizabeth Lewis (2017), Angela Rabaiotti (2017), Angelina Donadini (2017), Barry Charles James Chambers (2017), Marie Margaret Caulfield (2018), John Anthony Hickey (2018), Ann Pauline Harding (2019), Katherine Boswell (2020), Bernadette Anne Pearce (2020), Trevor Anthony Evans (2020), Rose Graham (2021), John Strange (2021), June Lilian McCarney (2021), Ronald Arthur Berridge (2021), Seamus (James) Loughlin (2023), Victoria Louise Reynolds (2023), Imelda Stewartson (2024), Donald George Phillips (2025)...**MAY THEY REST IN PEACE.**

JOURNEY WITH THE POPE *"Every relationship that God lives, in himself and for us, thus becomes a gift: when his only Son becomes our brother, his Father becomes our Father, and the Holy Spirit, which joins the Father and the Son, comes to dwell in our hearts."* **Pope Leo XIV**

THANK YOU

I want to express my sincere thanks to Canon Pius Augustine for preaching at the retreat this Saturday, and for agreeing to help with pastoral care during my Christmas break last week. I also thank everyone who attended and was commissioned as readers and extraordinary ministers for the coming year. Congratulations and blessings to all of you. A special thanks to Ann Soper, who is always ready to help. She coordinated the priest and the parishioners during my Christmas break. Additionally, my appreciation and thanks to Mike for his ongoing efforts in doing repairs in the parish hall, presbytery, and the garden.

PALM CROSSES

If you have old palm crosses at home, please could you bring them to the sacristy over the next few weeks so that they can be burned and used for Ash Wednesday. Thank you.

ASH WEDNESDAY

The Lent this year begins on 18th of February with Ash Wednesday. The Masses for the distribution of ashes on Ash Wednesday will be as follows:

Haverfordwest (service only) – 8.00am

Haverfordwest – 10.00am

Narberth – 6.30pm

RITE OF ELECTION

The Rite of Election for Easter Baptism from the RCIA will be held on the first weekend of Lent: Saturday, February 21st, at St. Joseph's Cathedral, Swansea, at 2.00pm, and Sunday, February 22nd, at St. David's Metropolitan Cathedral, Cardiff, at 3.00pm. Please pray for our Catechumens, Anna Gray and Ariadne Jeffrey, who will attend St. Joseph's Cathedral in Swansea.

LENTEN STATION MASS

The Lenten station Mass with Archbishop Mark will take place on Tuesday, 24th February 2026 at 7.00pm for Our Lady of Taper Deanery. We have the honour of hosting this year's event, where the priests and parishioners from our Deanery come together in our parish. I kindly ask the refreshment group and the flower group to coordinate and organise light refreshments in the parish hall following the Holy Mass for the Archbishop, priests, parishioners and guests from neighbouring parishes. Any contribution of food items would be greatly appreciated, so please feel free to speak to those involved in these groups.

Additionally, I request the organists and choir to work together in planning the liturgy for the day. It's important for us as parishioners to attend the Holy Mass to showcase the vibrancy of our parish community. Thank you all for your cooperation and support!

HOLY MASS AT MARY IMMACULATE SCHOOL

On Thursday, 12th February at 9.30am, the Holy Mass will be held at Mary Immaculate school for this half term. No Holy Mass is celebrated in the Parish Church on this day. All parishioners are welcome to attend.

TEAS AND COFFEES

Following the conclusion of Holy Mass each Sunday, the parish hall will be open for tea and coffee. All individuals are cordially invited to join in this gathering, fostering a sense of community and shared joy.

PRAYERS FOR THE SICK AND THE DEAD

Please keep in your prayers for all those who are ill in the hospital or at home, especially **Terry Doyle and Diana Couceiro**. Also, pray for the dead, especially **Dennis Hough**, and all those whose anniversaries occur around this time.

FLORAL TRIBUTES:

Get well wishes for Diana Couceiro – 1st February

You are welcome to book Floral Tributes

We would like to offer Floral Tributes for occasions such as birthdays, anniversaries, etc.

Please speak to Sharon – 07815462882 or a member of the Flower Group.

Collect

*Grant us, Lord our God,
that we may honour you with all our mind,
and love everyone in truth of heart.
Through our Lord Jesus Christ, your Son,
who lives and reigns with you in the unity of the Holy Spirit,
God, for ever and ever. R. Amen.*

THE LITURGY OF THE WORD

First reading

Zephaniah 2:3; 3:12-13

Seek the Lord, all you humble of the land, who do his just commands; seek righteousness; seek humility; perhaps you may be hidden on the day of the anger of the Lord.

I will leave in your midst a people humble and lowly. They shall seek refuge in the name of the Lord, those who are left in Israel; they shall do no injustice and speak no lies, nor shall there be found in their mouth a deceitful tongue. For they shall graze and lie down, and none shall make them afraid. **The Word of the Lord.**

Responsorial Psalm

Ps 146(145):6c-7. 8-9a. 9b-10. R Matthew 5:3

R. Blessed are the poor in spirit; for theirs is the kingdom of heaven.

It is the Lord who preserves fidelity for ever,
who does justice to those who are oppressed.
It is he who gives bread to the hungry,
the Lord who sets prisoners free. **R.**

The Lord who opens the eyes of the blind,
the Lord who raises up those who are bowed down.
It is the Lord who loves the just,
the Lord who protects the stranger. **R.**

The Lord upholds the orphan and the widow,
but thwarts the path of the wicked.
The Lord will reign for ever,
your God, O Sion, from age to age. **R.**

Second reading

1 Corinthians 1:26-31

Consider your calling, brothers and sisters: not many of you were wise according to worldly standards, not many were powerful, not many were of noble birth. But God chose what is